

October Half Term Swim Activities

19 - 31 October 2026



Oundle School
**SPORTS
CENTRE**

**Join us this Half Term for
some swimming fun!**

Crash Course | Non-Swim / Otters Level 1

3-day course to support water confidence and basic aquatic travel through fun and games! For non-swimmers and those learning to float or travel up to 10 metres unaided.

4+ years. £27

19 - 21 October | 16.00 - 16.30 or 16.30 - 17.00

26 - 28 October | 09.45 - 10.15 or 10.15 - 10.45

Crash Course | Otters Level 2-3

3-day course designed to develop travel into more recognisable strokes; practicing front crawl, backstroke, breaststroke. Ability: should be able to swim 10m unaided.

4+ years. £36

19 - 21 October | 17.00 - 17.45

26 - 28 October | 10.45 - 11.30

Breaststroke Workshop

Workshop focusing on developing breaststroke using kicking, pulling and timing practices to improve overall stroke.

Otters Level 3 - 6. £15

19 October | 16.45 - 17.45

29 October | 09.00 - 10.00

Front Crawl Workshop

Workshop focusing on developing front crawl using kicking, pulling and timing practices to improve overall stroke.

Otters Level 3 - 6. £15

30 October | 09.00 - 10.00

Junior Snorkelling

Workshop focusing on becoming accustomed to fitting a snorkel mask, comfort wearing one, and best techniques for use of the mouth piece to enable underwater activity in a shallow depth pool. Must be 4+ years and able to swim 5 metres with face in water.

£12

19 October | 16.00 - 16.45

26 October | 09.45 - 10.30



Next Steps Water Polo

Session in mid-depth water (1.28m) for ages 7+. Covering basic rules, drills, and mini games of water polo. Bring an adult companion for free! Otters Level 5+ | Must be able to swim 25m on fronts minimum and happy not standing up

22 October | 17.00 - 18.00 | £10 (usually £15!)

28 October | 17.00 - 18.00 | £10 (usually £15!)

Reduced
Price!

Back by popular demand!

Turns and Skills Workshop

A new workshop developing tumble turns and refining entry for diving, focus on streamlining.

Otters Level 6+ ability
£10 (usually £15!)

29 October

14.00 - 15.00

Reduced
Price!

Deepwater Confidence

Back by popular demand!
Practice swimming in deeper water and gaining confidence while out of their depth. Must be able to swim 10m on fronts and backs.

4+ Years, Otters Level 3+. £12

28 October | 17.00 - 18.00



Rookie Lifeguard Bronze Award 1 & 2

Help your child build confidence in the water while learning essential lifesaving skills! Perfect for children looking to improve their swimming knowledge, safety awareness, and lifesaving skills in a fun and supportive environment.

- Learn key water safety principles
- Introduction to basic rescue techniques
- Develop teamwork and emergency response skills
- Boost confidence in aquatic environments
- Badge and certificate awarded on completion

Level 5+ and the ability to tread water for 45 seconds; swim on 25m and back and front in deep water; confident with breaststroke

24 October, 11.30 - 13.00 and **31 October**, 11.00 - 13.00

Attendance at both sessions required | £35 for 2 sessions

Private Lessons

30 minutes tailored to the swimmer's needs. For any ability, age 1+ years. Lessons are on a 1:1 or 1:2 ratio (both swimmers must be at the same ability). £24 or £37. Day time and evening availability.



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Interested in
joining Otters
Swim School?

Contact us to book
your child's space
or

free assessment!

A 15-minute swim
assessment will
need to be booked
to ascertain the
correct level
required



01832 277208

oundlesportscentre.co.uk

