



Oundle School
**SPORTS
CENTRE**

Swimming Timetable

*updated schedule
26 October – 1 November*

Swimming Ratios

1 Adult : 1 Child: Children between 3 months - 3 years

1 Adult : 2 Children: Children between 4-7 years.

Children 8 years+ do not need to be accompanied by an adult.

Session Guidance

- Members can swim in any sessions
- Non-members can swim in the sessions **NOT** marked "Members Only"
- Lane Swimming and 2m depth are not suitable for non-swimmers

Please note: there will be occasions during the pool sessions when 1:1 swimming lessons will be taking place.

Never miss a session, update, or swim again.

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	23 m 0.85m & 1.28m depth		25 m 2m depth	
26 Monday	07.00 - 08.30 08.00 - 09.00 11.30 - 12.30 12.30 - 14.30 14.30 - 16.00 16.00 - 17.00 17.00 - 18.30 19.00 - 21.30	Members Only, 1.28m 1.28m 0.85m Members Only, 0.85m 0.85m Members Only, 0.85m 0.85m 1.28m	07:00 - 08.00 08.00 - 12.30 12.30 - 14.30 14.30 - 16.00 16.00 - 17.00 17.00 - 19.30 20.30 - 21.30	Members Only Members Only Members Only
27 Tuesday	07.00 - 09.30 09.45 - 12.00 12.00 - 14.00 16.00 - 16.45 17.00 - 19.00 19.30 - 21.00 21.00 - 22.00	Members Only, 1.28m 3 Lanes, 0.85m Members Only, 0.85m Fun Splash Session** 1.28m Members Only, 1.28m 1.28m	07.00 - 08.30 08.30 - 12.00 12.00 - 14.00 16.00 - 19.00 21.00 - 22.00	Members Only Members Only
28 Wednesday	07.00 - 08.00 08.00 - 09.00 09.30 - 11.45 12.00 - 12.45 13.00 - 16.00 16.00 - 17.00 18.00 - 22.00	1.28m Members Only, 1.28m Members Only, Half Pool, 0.85m Aquafit 1.28m Members Only, 3 Lanes, 0.85m 1.28m	07.00 - 08.00 08.00 - 13.00 13.00 - 16.00 16.00 - 18.00 18.00 - 19.30 20.30 - 22.00	Members Only Members Only, 4 Lanes
29 Thursday	07.00 - 08.30 08.45 - 10.00 10.00 - 12.00 12.00 - 14.00 14.15 - 18.30 18.30 - 20.00	1.28m Members Only, 3 Lanes, 0.85m 0.85m Members Only, 0.85m 1.28m 1.28m	07.00 - 08.30 08.30 - 09.30 09.30 - 12.00 12.00 - 14.00 14.00 - 15.00 15.00 - 18.30 18.30 - 20.00	Members Only Members Only Members Only, 3 Lanes
30 Friday	07.00 - 09.00 09.00 - 10.00 10.00 - 11.45 12.00 - 13.00 13.00 - 17.00 17.00 - 19.00	1.28m Members Only, 3 Lanes, 0.85m Members Only, 0.85m Over 65s 1.28m Members Only, 1.28m	07.00 - 09.00 09.00 - 11.00 11.00 - 17.00 17.00 - 19.00	Members Only Members Only
31 Sat	09.00 - 11.00 11.00 - 13.00	3 Lanes, 0.85m Members Only, 3 Lanes, 0.85	09.00 - 11.00 11.00 - 13.00	4 lanes
1 Sunday	09.00 - 11.45 12.00 - 12.45 12.45 - 13.30 15.00 - 16.30 17.00 - 19.00 19.00 - 21.00	Members Only, 1.28m Fun Splash, 0.85** Fun Splash, 0.85** 1.28m 1.28m Members Only, 1.28m	09.00 - 12.00 12.00 - 13.30 15.00 - 16.30 17.00 - 19.00	Members Only 3 Lanes

*Over 65 Session swimmers must pre-book with reception.
 **Fun Splash session places must be booked through reception in advance.
 Non-members can swim in any sessions that are **NOT** labelled “Members Only”.
 Please see the reverse side for additional sessions and exceptions.