



Oundle School
**SPORTS
CENTRE**

Swimming Timetable

6 to 12 April 2026

Swimming Ratios

1 Adult : 1 Child: Children between 3 months - 3 years

1 Adult : 2 Children: Children between 4-7 years.

Children 8 years+ do not need to be accompanied by an adult.

Session Guidance

- Members can swim in any sessions
- Non-members can swim in the sessions **NOT** marked "Members Only"
- Lane Swimming and 2m depth is not suitable for non-swimmers

Please note: there will be occasions during the pool sessions when 1:1 swimming lessons will be taking place.

Never miss a session, update, or swim again.

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	23 m 0.85m & 1.28m depth	25 m 2m depth	50 m 2m depth
Monday	09.30 - 10.30 1.28m 11.00 - 13.00 Fun Splash, 0.85m 13.30 - 15.30 1.28m	09.30 - 15.30	08.00 - 09.00 Members, 3 lanes 16.00 - 17.00 3 lanes
Tuesday	09.30 - 11.00 0.85m 12.00 - 13.30 0.85m	09.30 - 15.30	07.00 - 08.00 Members, 3 lanes 08.00 - 09.00 3 Lanes 16.00 - 18.00 Members, 3 Lanes 18.00 - 19.30 19.30 - 21.00 Members, 2 Lanes 21.00 - 22.00
Wednesday	09.30 - 11.30 Half Pool, 0.85m 13.00 - 17.15 Half Pool, 0.85m	09.30 - 17.30	07.00 - 08.00 Members, 3 Lanes 08.00 - 09.00 3 Lanes 18.00 - 19.30 20.30 - 22.00
Thursday	09.30 - 11.00 Half pool, 0.85m 12.00 - 13.00 0.85m 13.00 - 15.30 0.85m	09.30 - 15.30	07.00 - 08.00 Members, 3 Lanes 08.00 - 09.00 3 Lanes 16.00 - 18.00 Members, 3 Lanes 18.00 - 20.00
Friday	09.30 - 11.00 Half pool, 0.85m 11.00 - 13.00 0.85m 13.00 - 14.30 Half pool, 0.85m 16.00 - 19.00 0.85m	09.30 - 19.00	07.00 - 08.00 Members, 3 Lanes 08.00 - 09.00 3 Lanes
Saturday	09.00 - 13.30 0.85m	09.00 - 13.30	No Session
Sunday	No Session	No Session	09.00 - 11.00 16.00 - 17.00 17.00 - 18.00 Members, 4 lanes 18.00 - 19.00 19.00 - 21.00 Members, 2 lanes

*Over 65 Session swimmers must pre-book with reception.

**Fun Splash session places must be booked through reception in advance.

Non-members can swim in any sessions that are **NOT** labelled "Members Only".