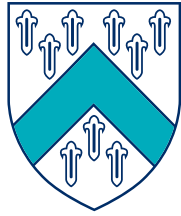


Day	23m 0.85m & 1.28m depth	25m 2m depth	50m 2m depth
Monday 18th	12.00 – 14.00 P&P (1.28)	12.00 – 14:00 P&P	07.00 – 08.00
	14.30 – 16.30 P&P (0.85)	15.30 – 19.30 P&P	08.00 – 09.30 P&P
	17.00 – 19.00 P&P (1.28)	20.30 – 22.00 P&P	
Tuesday 19th	07.00 – 09.00 (1.28)	07.00 – 09.00 P&P	
	12.00 – 14.00 P&P (1.28)	12.00 – 14.00 P&P	
	14.30 – 16.30 P&P (0.85)	15.30 – 22.00 P&P	
	17.00 – 18.30 (1.28)		
	20.30 – 22.00 P&P (1.28)		
Wednesday 20th	07.00 – 08.00 (1.28)	07.00 – 08.00	16.00 – 19.30 P&P
	08.30 – 11.45 P&P (0.85 half pool)	08.00 – 09.30 P&P	20.30 – 22.00 P&P
	12.00 – 12.45 Aqua(1.28)	11.00 – 13.30 P&P	
Thursday 21st	08.30 – 11.45 P&P (0.85 half pool)	08.30 – 22.00 P&P	07.00 – 08.00
	12.00 – 22.00 P&P (1.28)		
Friday 22nd	07.00 – 08.00 (1.28)	07.00 – 09.00	17.00 – 20.30 P&P
	08.30 – 10.00 P&P (0.85 4 lanes)	09.00 – 11.00 P&P	
	11.00 – 12.00 P&P (1.28 4 lanes)	11.00 – 12.00 (4 lanes)	
	12.00 – 12.55 (Over 65's 1.28)	12.00 – 16.30 P&P	
	14.00 – 16.30 P&P (1.28)		
Saturday 23rd	08.00 – 09.00 (0.85)	08.00 – 11.00	14.00 – 15.00 P&P
	09.00 – 11.00 P&P (0.85 3 Lanes)	11.00 – 13.30 P&P	15.00 – 16.00
	11.00 – 13.30 P&P (0.85)		
Sunday 24th	09.30 – 11.30 P&P (1.28)	09.30 – 16.30 P&P	07.00 – 09.00 P&P
	12.00 – 13.15 (fun float)*		18.00 – 19.00 (2 lanes)
	14.00 – 16.30 P&P (1.28)		19.00 – 21.00 P&P

*Fun Splash sessions are 45 minutes of activity. Places must be booked through reception in advance.

Please note that there will be occasions during the pool sessions when 1:1 swimming lessons will be taking place.



Oundle School
**SPORTS
CENTRE**



Swimming Timetable

Monday 18th to Sunday 24th August 2025

Swimming Ratios

1 Adult : 1 Child Children between 3 months – 4 years.

1 Adult : 2 Children Children between 4– 7 Years.

Children 8 Years+ do not need to be accompanied by an adult.

- Members can swim in any sessions.
- Non-members can swim in the sessions marked with P&P
- Lane Swimming and 2m depth is not suitable for non-swimmers

*Over 65 swimmers must pre-book with reception to secure their place.

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