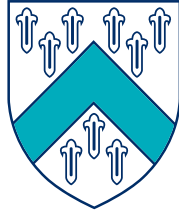


Day	23m 0.85m & 1.28m depth	25m 2m depth	50m 2m depth
Monday 4th	08.30 – 09.30 (1.28)	08.30 – 10.45	07.00 – 08.00
	09.45 – 13.30 P&P (0.85 Half Pool)	11.00 – 13.45 P&P (4 Lanes)	
	14.00 – 16.45 (0.85, 3 Lanes)	14.00 – 16.45 (5 Lanes)	
	17.00 – 19.15 (1.28)	17.00 – 18.00	
	19.30 – 21.00 P&P (1.28)	18.00 – 19.30 P&P	
Tuesday 5th	07.00 – 08.20 (1.28)	07.00 – 08.30	19.30 – 21.00
	08.30 – 12.00 P&P (0.85)	08.30 – 09.30 P&P	21.00 – 22.00 P&P
	12.30 – 14.30 (1.28)	10.00 – 13.00	
	18.00 – 19.00 P&P (1.28)		
Wednesday 6th	14.00 – 15.30 P&P (0.85, 4 Lanes)	12.00 – 14.00	07.00–08.00
	17.30 – 19.30 (1.28)	14.00 – 17.00 P&P	
	19.30 – 21.30 P&P (1.28)	17.00 – 19.00	
		20.30 – 22.00 P&P	
Thursday 7st	07.00 – 08.45 (1.28)	07.00 – 09.00	20.00 – 22.00 (2 lanes)
	09.00 – 13.30 P&P (0.85 Half Pool)	09.00 – 11.00 P&P	
	16.00 – 18.00 P&P (1.28)	11.00 – 14.45 (5 Lanes)	
	18.15 – 19.30 (1.28)	15.00 – 19.00 P&P	
Friday 8th	09.30 – 11.30 P&P (0.85 Half Pool)	09.30 – 11.30 P&P (5 Lanes)	07.00 – 08.00
	12.00 – 12.55 (Over 65's)	11.30 – 15.00 P&P	08.00 – 09.00 P&P
	13.15 – 15.00 P&P (1.28)	18.00 – 19.00	19.30 – 21.00 P&P
	18.00 – 19.00 (1.28)		
Saturday 9th	09.30 – 10.30 (1.28)	09.30 – 10.30	07.00 – 09.00 P&P
	*10.45 – 12.15 Fun Splash P&P	10.45 – 13.30 P&P	14.00 – 15.00 P&P
	12.30 – 13.30 P&P (1.28)		15.00 – 16.00
Sunday 10th	09.00 – 10.00 (0.85)	09.00 – 10.00	18.00 – 19.00 (2 lanes)
	10.00 – 12.00 (0.85) P&P	10.00 – 12.00 P&P	19.00 – 20.30 P&P
	*12.00 – 13.30 Fun Splash P&P	12.00 – 13.30	

*Fun Splash sessions are 45 minutes of activity. Places must be booked through reception in advance.



Oundle School
**SPORTS
CENTRE**



Swimming Timetable

Monday 4th to Sunday 10th August 2025

Swimming Ratios

1 Adult : 1 Child Children between 3 months – 4 years.

1 Adult : 2 Children Children between 4– 7 Years.

Children 8 Years+ do not need to be accompanied by an adult.

- Members can swim in any sessions.
- Non-members can swim in the sessions marked with P&P
- Lane Swimming and 2m depth is not suitable for non-swimmers

*Over 65 swimmers must pre-book with reception to secure their place.

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