Otters Etiquette

To ensure the safety and enjoyment of users during **Swimming** Lessons.



## **Prior to Lessons**

Before lessons it's important to prepare and set the right tone to ensure a smooth and engaging experience for all Otters.

Shoes are to be removed before entering the village changing room and left in the shoe rack or lockers

Avoid eating prior to the start of their lesson.

Float belts should be applied to those who require them by their parent/guardian.

Changing cubicles should be left empty for other users - belongings can be left with parents/ auardians or a locker band can be purchased from Reception for £5.

Swimmers should arrive onto poolside 5 minutes before the start of their lesson and make their way to their area where their Teacher will register them at the start of their lesson time. Please ask a member of staff to help direct if required.

Hats and goggles should be put on before the start of lessons.

Pre-swim hygiene should be followed before entering poolside for lessons, showering and using the toilet.

Watches and loose jewellery, including sports/waterproof watches, necklaces and earrings should not be worn during lessons.

## On Poolside

Parents of children in Pre-School, Otter Pup, Levels 1-4 classes are invited to take a seat on poolside during the lesson, parents from higher levels are invited to watch from the cafe area.



Younger siblings on poolside with parents must be always stay with the parent/quardian.

Snorkelling goggles are not permitted.

No outdoor footwear is to be worn on poolside (Blue overshoes are available).

No phones or electrical devices are not permitted on the poolside area.

Food is not permitted on the poolside.

Water is allowed in closed plastic/metal containers. glass and hot drinks are strictly prohibited.



Please be reminded of these key points...

Valuables left in the changing rooms or brought onto poolside are the responsibility of the owner and the Centre takes no responsibility for the loss/ damage of any property.

If you/your child is ill, we ask that you do not attend the lesson. Any relevant and necessary health conditions or contact information should be kept upto-date and changes can be reported to Reception.

Children who are 8 years old+ may attend the Centre on their own if parents deem this appropriate.

Hats are provided to Otters children moving into a new class at the start of term and expected to be worn for lessons, not required for Pre-School, Adult & Child or Adult lessons. These are provided free of charge however, if this hat is lost, a replacement can be provided at a cost of £5 from Reception.

